

# Gojo & Company | **Sri Lanka Financial Diaries Tracking Survey (2022 Jun)**

2022-08-19

# Executive Summary

- 80% of the diarists feel high level of stress, while 77% feel mentally unsafe
- 99% had to cut down on food spendings
- 29% are purchasing less medicine due to financial reasons
- 83% claim their income has decreased compared to last month
- 27% borrowed money, mainly from neighbours to meet daily needs

# Comments from Diarists

“It is extremely difficult to survive“

“Expenses have doubled, cost of goods, bus fares have gone up”

“My husband is doing construction work. Because of the lack of cement he don't get enough work to earn a proper income.”

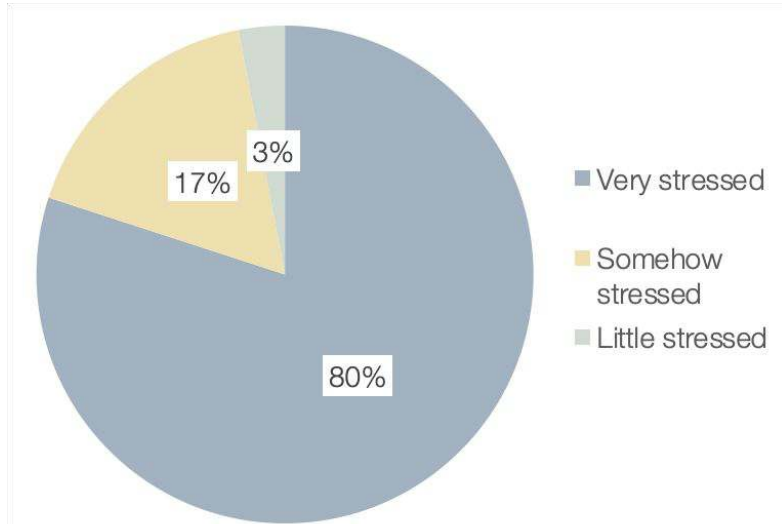
“Children's education is adversely affected”

“There are so many problems and difficulties. But what to do. I'll go mad if I were to think about them”

“There are small children at home, my mother's health is not good, my husband is not getting work everyday, these are the reasons for my fear.”

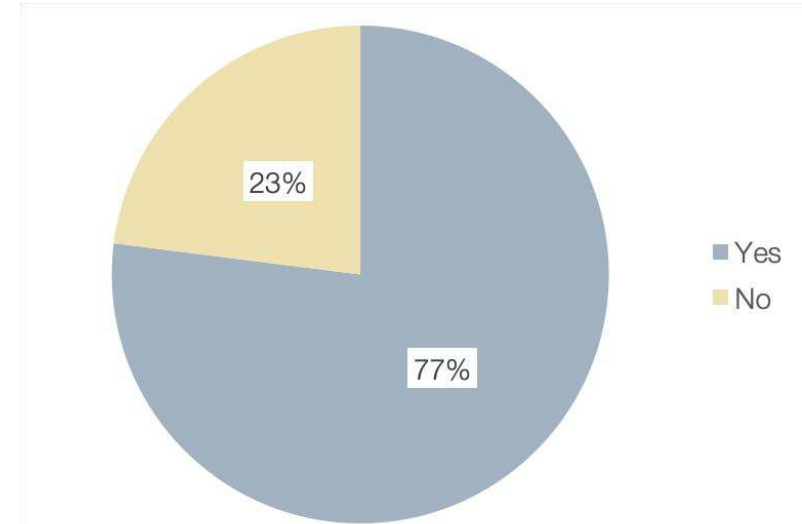
# Level of Stress / Insecurity

**How much stress did you feel financially in the last 2 weeks?**



- Rapid increase in commodity price
- Loss of job
- Lack of money to meet basic needs

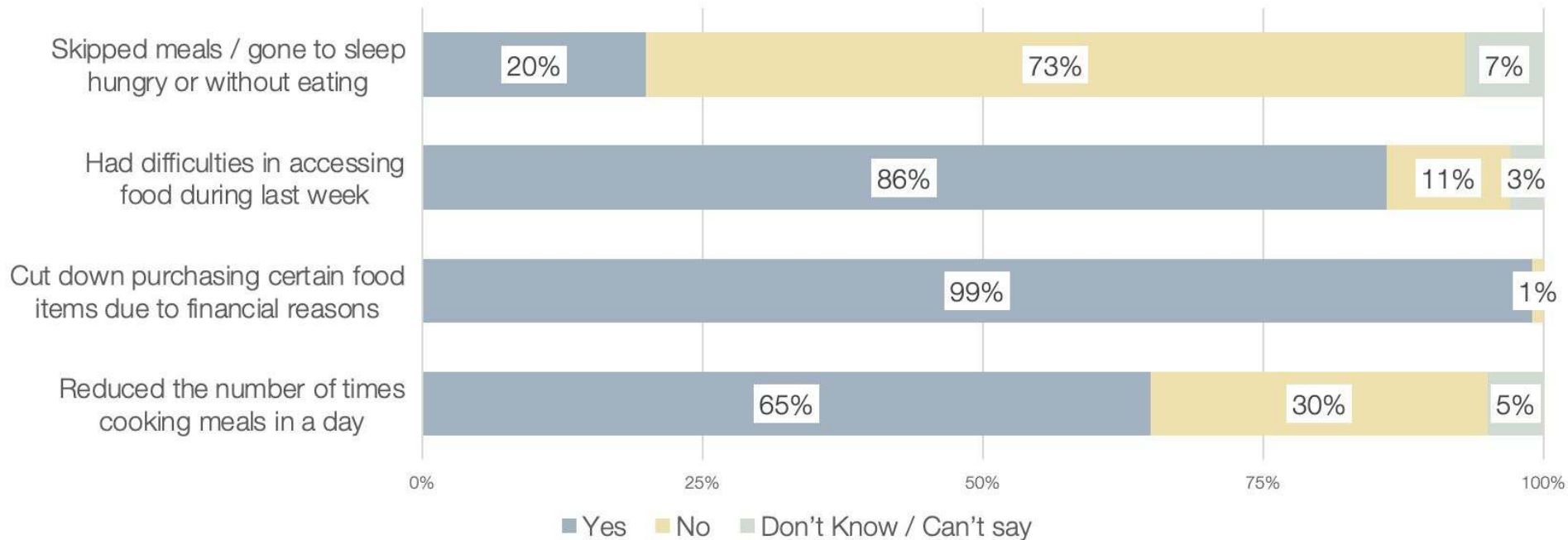
**Did you feel mentally or physically unsafe in the last 2 weeks?**



- Children are crying because of hunger
- Unable to procure necessary medicines
- Facing mental breakdown due to struggle

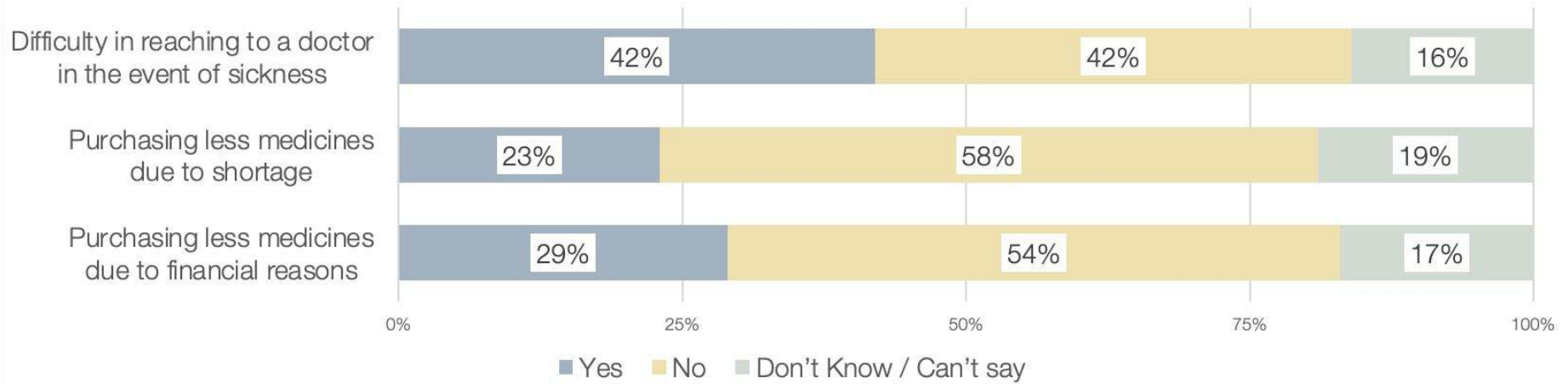
# Food

**Did you face any of the below situations in the last 2 weeks?**



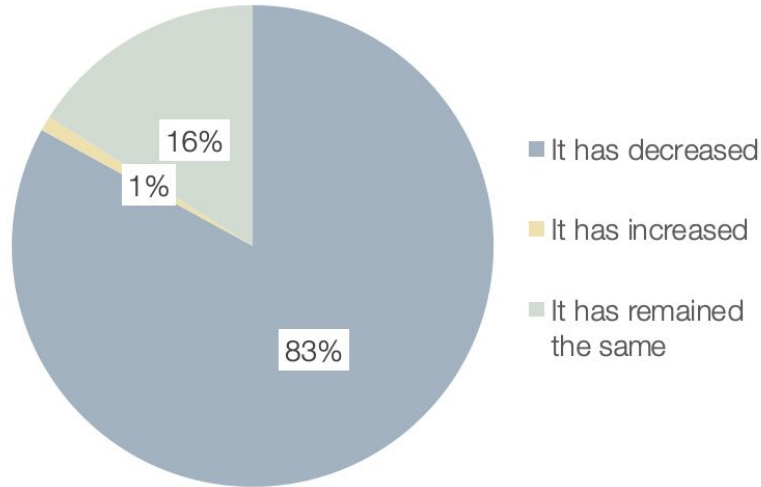
# Healthcare

**Did you face any of the below situations in the last 2 weeks?**



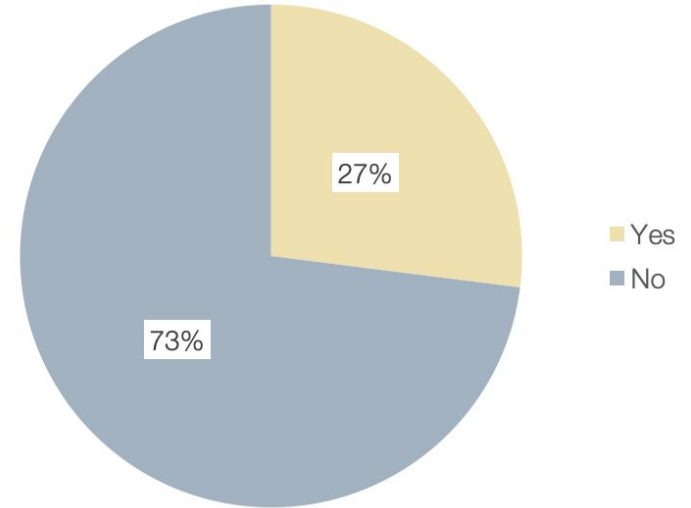
# Money Management

**Is there change in income you / your partner earned in last 2 week compared to month ago?**



- No daily wage work / unable to find jobs
- Lack of resources to conduct jobs

**Did you borrow money from someone in the last 2 weeks?**



- Yes : mainly from neighbours to buy essentials
- No : Already have other loans to pay, no one will lend

# Disclaimers

- Data from Gojo Sri Lanka Financial Diaries Project, taking daily inflows and outflows of 100 low-income households across Sri Lanka
- Tracking survey was conducted to all diarists during 2022 June 18th-19th
- Sparkwinn (Haran, Manushan) has supported us in conducting this survey